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ning of each regular issue of the PCT Gazette.*

(54) Title: MEDICINAL AND COSMETIC USE OF HOP AND CO-ENZYME Q10

(57) Abstract: Described is a composition which at least hop and co-enzyme Q10 and which can be used as medication for suppress-
ing and preventing malignant cancer cells or benign cysts and the growth thereof. Such a composition can also be used advantageously
as cosmetic agent for preventing and aiding recovery from lumpy breast tissue and for strengthening breast tissue.



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Medicinal and cosmetic use of hop and co-enzyme Q10

5 The present invention relates to a composition which contains at least hop and which can be used as medication or cosmetic agent, in particular to suppress and prevent malignant cancer cells and benign cysts.

Such an agent with anti-cancer action is known from J. Agric. Food Chem., 47 (1), 1999 and from the international patent application WO 00/53205. There does of course continue to exist a need for other agents based on natural substances with a better action against cancer.

10 The present invention provides a composition of the type stated in the preamble which also contains co-enzyme Q10 in addition to hop. It is known that co-enzyme Q10 greatly improves the vitality and physical stamina. Co-enzyme Q10 has unexpectedly now been found to also have a synergistic effect on the activity of hop against cancerous growths and in causing the subsidence of benign cysts. The composition containing hop and co-enzyme Q10 also works in one or more of the following cases: in preventing and aiding recovery from lumpy breast tissue, 15 reducing the lumpy appearance of and strengthening breast tissue. The weight ratio of hop to co-enzyme Q10 in the composition preferably amounts to about 0.75 to 75, more preferably to between about 2.5 and 10.

A particular embodiment also contains one or more of the following substances with a favourable influence on the anti-carcinogenic or cosmetic action of the composition or on the 20 state of health of the user generally, i.e. buckwheat, a zinc salt such as zinc citrate or zinc oxolate, and rye. The weight ratio between hop and buckwheat preferably amounts to about 1.5 to 35, more preferably to between about 2.5 and 10. The weight ratio between hop and zinc salt preferably further amounts to between 0.75 and 10, more preferably to between about 2.5 and 7.5. The weight ratio between hop and rye preferably amounts to between about 1 and 15, more 25 preferably to between about 2 and 5.

It is assumed that the constituents of hop, genistein and daidzein, which are among the phyto-oestrogenic substances or isoflavonoids, have tumor-inhibiting action. Just as the

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oestrogens occurring naturally in the body, genistein can bond to the oestrogen receptor of the damaged cell, whereby further division is inhibited. Tumors which depend for their development on oestrogen, such as that in breast tissue, the prostate and the intestines, are thus inhibited in their growth. This theory is supported by a low mortality rate from breast cancer among women in Asia, this being generally attributed to the phyto-oestrogenic activity of isoflavonoids such as genistein and daidzein from soya, much more of which is consumed than in the western world.

Co-enzyme Q10 is known to function as electron transporter in the respiratory cycle of the mitochondria of the cell, wherein it optimizes the so-called A.T.P. production. The A.T.P. (adenosine triphosphate) is the storage site of cellular energy. Ingestion of co-enzyme Q10 improves the activity of every body cell, which particularly manifests itself in the organs which are greatly dependent on energy provision such as heart and liver, and this is expressed in an improvement of diverse heart conditions, diabetes, overweight, paradontosis and paradontitis, gastric ulcers, muscular dystrophy and fatigue. The pharmaceutical effect of this co-enzyme per se or in synergy with hop for the purpose of preventing and combatting malignant as well as benign tumors is however nowhere described or even suggested.

The addition of buckwheat and/or rye is further recommended because of the favourable influence thereof on the bowel function, wherein buckwheat forms a source of vitamin B and rye a source of vitamin D. Finally, a zinc salt, for instance such as zinc citrate or zinc oxolate is also included in a preferred composition according to the invention, since zinc ions reduce stress, fatigue and susceptibility to infections.

It is self-evident that the hop is preferably used in the most natural form, for instance as unprocessed hop flowers. The action of the above mentioned agricultural products will be shown to best effect when they are used in the form in which they are harvested, i.e. as grain including the skins. These fibres restore the flora of the intestines and therefore contribute to the body's own immune system.

A medication in different forms can be prepared from the composition according to the invention, both in dry form and in liquid form. However, a particularly practical embodiment of

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the medication has the feature that it is embodied in capsule or tablet form, wherein one or more excipients are normally used, such as for instance silicon oxide, calcium phosphate, magnesium stearate, oats or starch. This medication can optionally also be ingested in solution or as suspension.

5 Good results have been achieved with an application of the medication according to the invention which is characterized in that the daily dosage thereof amounts at least to about 250 - 1250 mg hop and 60 - 300 mg co-enzyme Q10, preferably supplemented with one or more of the following compounds: 60 - 300 mg buckwheat, 50 - 250 mg zinc citrate or an equivalent amount of another zinc salt, such as for instance zinc oxolate, and 80 - 400 mg rye.

10 A particular embodiment according to the invention is formed by a tablet or capsule which contains per 500 mg at least 125 mg hop, 30 mg co-enzyme Q10, 30 mg buckwheat, 25 mg zinc citrate or an equivalent amount of another zinc salt, 40 mg rye and optional excipients. A tablet or capsule preferably contains per 500 mg of active substances 250 mg hop, 60 mg co-enzyme Q10, 60 mg buckwheat, 50 mg zinc citrate or an equivalent amount of another zinc salt,
15 and 80 mg rye.

 The preferable point of departure in respect of the composition is purely natural products and components obtained from natural products. This does however have the drawback that the concentrations of active substances are sometimes low and that a large amount of the medication therefore has to be ingested to ensure sufficient effect. A particular embodiment of the medication
20 has in this respect the feature that the agent in dry form is processed into capsules or tablets with a minimum of 80% by weight of active substance and for the rest an excipient, wherein the capsules or tablets preferably have a weight which does not exceed 850 milligrams. It has been established that a capsule or tablet under 850 milligrams can still be easily ingested, while a heavier capsule or a heavier tablet could on occasion result in problems with swallowing. A
25 maximum quantity of the agent is thus still administered per capsule or tablet in acceptable manner. Also falling within the scope of the invention is the preparation of a solution or suspension acting in one or more of the following cases: for the purpose of suppressing or

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preventing malignant cancer cells or benign cysts and the growth thereof, for preventing lumpy breast tissue or for strengthening breast tissue, wherein a tablet or capsule as described above is mixed with water to form such a solution or suspension.

The invention will now be further elucidated with reference to an embodiment:

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Example

Per 1000 grams of active substance to be prepared, about 585 grams hop, 140 grams buckwheat, 187 grams rye, and 117 grams zinc citrate are mixed in a container and ground to an homogeneous mixture. About 140 grams of co-enzyme Q10 is added hereto per 1000 grams of active substance to be prepared. This composition is mixed in a ratio of 70:12 with an excipient consisting of silicon oxide, calcium phosphate and magnesium stearate, and processed to capsules of 500 mg each. Preferably natural flavourings can optionally be added to conceal the strong hop taste in these capsules.

1 tot 5 capsules per day are ingested for 5 to 9 months, which corresponds to a daily dosage of 250 - 1250 mg of hop and 60 - 300 mg of co-enzyme Q10. At least a stabilization and in a number of cases also a decrease in the size of the tumors or cysts can be observed after a period of one to several months.

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Comparative example

A capsule is prepared as in the example above, but an excipient is then used instead of co-enzyme Q10. The activity is tested in the same way. The stabilization and decrease in size of the tumors or cysts is considerably less than that found after use of the composition described in the example.

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Claims

1. Composition at least containing hop and co-enzyme Q10 for use as medication or as cosmetic agent.

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2. Composition according to claim 1, wherein the weight ratio of hop to co-enzyme Q10 amounts to .75 to 75.

3. Composition according to claim 1 or 2, which also contains buckwheat.

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4. Composition according to claim 3, wherein the weight ratio of hop to buckwheat amounts to 1.5 to 35.

5. Composition according to any of the foregoing claims, which also contains a zinc salt.

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6. Composition according to claim 5, wherein zinc citrate or zinc oxolate is present as zinc salt.

7. Composition according to claim 6, wherein the weight ratio of hop to zinc citrate

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amounts to .75 to 10.

8. Composition according to any of the foregoing claims, which also contains rye.

9. Composition according to claim 8, wherein the weight ratio of hop to rye amounts to 1

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to 15.

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10. Use of a composition according to any of the foregoing claims for the preparation of a cosmetic agent for the purpose of preventing or aiding recovery from lumpy breast tissue or for strengthening the breast tissue.

5 11. Use of a composition according to any of the claims 1 - 9 for the preparation of a medication for suppressing and preventing malignant cancer cells or benign cysts and the growth thereof.

10 12. Use according to claim 11 for suppressing and preventing malignant cancer cells or benign cysts in the female breast or in the prostate.

13. Use according to any of the claims 10 - 12, wherein the daily dosage of the medication amounts to 250 to 1250 mg hop and 60 to 300 mg co-enzyme Q10.

15 14. Use according to claim 13, wherein the daily dosage also amounts to 60 to 300 mg buckwheat.

20 15. Use according to claim 13 or 14, wherein the daily dosage also amounts to 50 to 250 mg zinc citrate or an equivalent amount of another zinc salt.

16. Use according to any of the claims 13 - 15, wherein the daily dosage also amounts to 80 to 400 mg rye.

25 17. Use according to claim 16, wherein the daily dosage amounts to at least 250 mg hop, 60 mg co-enzyme Q10, 60 mg buckwheat, 50 mg zinc citrate or an equivalent amount of another zinc salt, and 80 mg rye.

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18. Tablet or capsule containing hop, co-enzyme Q10, buckwheat, a zinc salt, rye and optional excipients.

5 19. Tablet or capsule according to claim 18, containing per 500 mg at least 125 mg hop, 30 mg co-enzyme Q10, 30 mg buckwheat, 25 mg zinc citrate or an equivalent amount of another zinc salt, 40 mg rye and optional excipients.

10 20. Tablet or capsule according to claim 19, containing per 500 mg of active substances 250 mg hop, 60 mg co-enzyme Q10, 60 mg buckwheat, 50 mg zinc citrate or an equivalent amount of another zinc salt and 80 mg rye.

15 21. Method of preparing a solution or suspension for the purpose of suppressing and preventing malignant cancer cells or benign cysts and the growth thereof or for preventing or aiding recovery from lumpy breast tissue or for strengthening breast tissue, wherein a tablet or capsule as described in any of the claims 18 - 20 is mixed with water.

INTERNATIONAL SEARCH REPORT

PCT/NL 02/00054

A. CLASSIFICATION OF SUBJECT MATTER

IPC 7 A61K35/78 A61K7/48 A61K31/12 //(A61K35/78,31:12)

According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

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Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practical, search terms used)

WPI Data, PAJ, EPO-Internal, FSTA, BIOSIS, PASCAL, CHEM ABS Data, EMBASE

C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category °	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	<p>LOCKWOOD K ET AL: "Apparent partial remission of breast cancer in 'high risk' patients supplemented with nutritional antioxidants, essential fatty acids and coenzyme Q10"</p> <p>MOLECULAR ASPECTS OF MEDICINE, PERGAMON PRESS, OXFORD, GB, vol. 15, no. SUPPL, 1994, pages S231-S240, XP002108766</p> <p>ISSN: 0098-2997</p> <p>the whole document</p> <p style="text-align: center;">---</p> <p style="text-align: center;">-/--</p>	1

☒ Further documents are listed in the continuation of box C.☐ Patent family members are listed in annex.

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C.(Continuation) DOCUMENTS CONSIDERED TO BE RELEVANT

Category °	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	DATABASE BIOSIS 'Online! BIOSCIENCES INFORMATION SERVICE, PHILADELPHIA, PA, US; June 2000 (2000-06) PORTAKAL OYTUN ET AL: "Coenzyme Q10 concentrations and antioxidant status in tissues of breast cancer patients." Database accession no. PREV200000488189 XP002180330 abstract & CLINICAL BIOCHEMISTRY, vol. 33, no. 4, June 2000 (2000-06), pages 279-284, ISSN: 0009-9120 -----	1
X	DATABASE WPI Section Ch, Week 197803 Derwent Publications Ltd., London, GB; Class B04, AN 1978-05666A XP002180331 & JP 52 145509 A (MATSUI T), 3 December 1977 (1977-12-03) abstract -----	1
X	DATABASE WPI Section Ch, Week 199006 Derwent Publications Ltd., London, GB; Class B05, AN 1990-037332 XP002180332 & CN 1 031 021 A (TIANJIN INST COSMET), 15 February 1989 (1989-02-15) abstract -----	1

INTERNATIONAL SEARCH REPORT

Information on patent family members

PCT/NL 02/00054

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JP 52145509	A	03-12-1977	NONE
CN 1031021	A	15-02-1989	NONE